



# **COVID-19 Safety Guidelines v5**

**Effective Date 4/2/21**

**The Club Sport COVID-19 Safety Guidelines include best practices for adult social sports. These were developed in consultation with CDC requirements, state and local guidelines, and the input of the Sport & Social Industry Association.**

**As areas begin to open and play resumes, this document can and will be updated as additional issues are identified. These guidelines do not replace individual guidelines enforced by individual municipalities, parks departments, facilities, or specific locations. Club Sport intends to follow these rules and mandates as communicated to us by our facility contacts.**

## **GUIDELINES & PROCEDURES FOR ALL SPORTS AND LOCATIONS**

- Stay at home if you are sick, show any symptoms, or have any close contact with positive individuals
- Come, Play, Leave - avoid gathering
- Sanitation/PPE Kit will be available for all players and staff
  - Sanitizer bottles
  - “Bar” Towels
  - Alcohol wipes
  - Hand sanitizer for all coordinators/umps
  - Disposable gloves at every league
  - Players and participants or staff is also encouraged to bring their own PPE as well
- Follow most recent group gathering size guidelines by CDC and/or local government & parks departments for the current phase
- Avoid congregating in groups, touching shared surfaces
- No post-game handshakes, high fives, or celebratory contact of any kind
- Staging/Waiting areas for teams entering field or courts for next game
  - Location specific emails will go out to all teams and players
    - These will be added to league/schedule pages where applicable
    - Yard signs for staff to put out during league play if needed
- Limit spectators at all leagues/events and avoid using bleachers where possible or required
- Avoid allowing pets or children when possible as it increases the difficulty for social distancing
- Staff will sanitize common areas as needed
- Award ceremonies should be contactless by staff with a team representative distributing any awards to players.
- Club Sport will designate a COVID response point person in the office to address policy and guideline updates as it pertains to rules, parks, players, staff, etc.
- Some locations or leagues may require a daily roster/attendance of everyone in attendance at the facility in order to comply with mandated contact tracing. This will be required in order to enter the facility.
- Under certain circumstances roster policies may be relaxed due to COVID exposures. Check with your league director for further details.

## **EXPOSURE PROTOCOLS**

Club Sport takes reporting of COVID or COVID symptoms seriously. We will take the following steps regarding any reports of exposure.

If a Club Sport staff member or official is experiencing any symptoms, reports any recent symptoms, tested positive or has had recent contact with someone who has tested positive, they will be removed from the schedule and any field duties immediately until they undergo a 14 day quarantine period or have proof of a negative test result.

In the event Club Sport is informed by a player that they are experiencing any symptoms, reports any recent symptoms, tested positive or has had recent contact with someone who has tested positive, they will be required to not attend any Club Sport activities for 14 days and can return only when they present no symptoms after 14 day or have had a negative COVID test.

# **SPORT SPECIFIC GUIDELINES**

## **1. Softball/Kickball**

- a. DUGOUTS - DO NOT OR LIMIT USE
  - i. Team listed as home on schedule - First Base Foul Line
    1. KICKBALL - On the field (foul area) outside of play
    2. SOFTBALL - On the outside of the fence
  - ii. Team listed as away on schedule - Third Base Foul Line
    1. KICKBALL - On the field (foul area) outside of play
    2. SOFTBALL - On the outside of the fence
  - iii. Only up to bat/kick, on deck player, & base coaches allowed on the field for up to bat/kick team
  - iv. Dugouts can only be used if needed for entrance and exit to the field and not for storing of equipment. Best practice is to bring your own chair and set up behind the dugouts.
  - v. City of Tampa: If using the dugouts players must wear a mask in the dugout
- b. PITCHING SCREENS
  - i. Wiped down or sprayed in between games
- c. GAME BALLS
  - i. If in original packaging - leave closed till the ball is needed
  - ii. After the game - balls are given to coordinator to spray down and air dry - new sanitized set handed to umps for next game
- d. UMPIRES
  - i. Umpires must stand 6 feet behind the batter/kicker to the opposite side of the Catcher
  - ii. Stand 6 feet behind the batter/kicker whenever possible
  - iii. 2 Umpire system, field ump will start on the line at first base
  - iv. Remove being in the slot. They can be in front, behind or to the side of the catcher keeping the 6 ft distance from catcher
- e. GENERAL
  - i. All staff, players, umpires, and spectators are encouraged to continue social distancing on and off the field
  - ii. Each team's captain and umps/refs will conduct a pregame meeting at home plate, all involved are required to keep 6 feet social distancing during ground rules and coin toss.
  - iii. Catchers stand 6 behind the batter/kicker on the opposite side of umpire when possible
  - iv. Suggest no shared equipment, bats, gloves, pitching masks, etc. for teams
  - v. Teams must completely exit the field before next teams are allowed on the field
  - vi. Base coaches must be 6 feet away from the base.
  - vii. No spitting, sunflower seeds, or chewing tobacco
  - viii. No group celebrations
- f. PLAYER RESPONSIBILITIES
  - i. Stay home if you are sick, not feeling well, or show any symptoms

- ii. Wash hands thoroughly before and after games
- iii. Wait in your car until it is time for your team to play
- iv. Bring own individual water bottle
- v. No group celebrations

## **2. VOLLEYBALL**

- a. Each court should have a designated waiting area, one for each team. If players are playing in multiple matches, they should wait outside of these designated areas and maintain social distance.
- b. Between games or at switching sides, refs to remind players to cross under the net to the right, no contact, etc
- c. Have people take their belongings onto the sand/court to free up waiting areas for the next teams/players
- d. Come, play, leave - encourage players to leave after their games if they are done playing to allow more space for more players
- e. Spray disinfectant will be available for game balls
- f. There should be no more than 10 people on any court at any given time
- g. GENERAL
  - i. All staff, players, umpires, and spectators are encouraged to continue social distancing on and off the field
  - ii. Each team's captain and refs will conduct a pregame meeting at the net, all involved are required to keep 6 feet social distancing during ground rules and coin toss.
- h. PLAYER RESPONSIBILITIES
  - i. Stay home if you are sick, not feeling well, or show any symptoms
  - ii. Wash hands thoroughly before and after games
  - iii. Wait in your car until it is time for your team to play
  - iv. Bring own individual water bottle
  - v. No group celebrations

## **3. BOWLING**

- a. Refrain from using the standard cross-lane bowling
  - i. Each team bowl on a single lane with one empty lane between teams, if available
  - ii. May have to run teams in shifts and do bye weeks depending on the number of lanes/teams
  - iii. Allow pre/post bowling for teams and/or individuals
  - iv. Assign designated areas for teams - no shared bowling pit areas
  - v. No group celebrations

## **4. SOCCER**

- a. GENERAL

- i. Teams must use opposite sidelines. Should teams have to share a sideline due to field configuration they must remain near the endline of the field.
- ii. Only one player per team shall be allowed at the coin toss with the ref to begin the game
- iii. Sanitize “game” ball before each half & any new ball entering game
- iv. Wipe or spray down goals after each half or game
- v. No pinnies will be provided
- vi. Sanitize corner flags after every match
- vii. Sanitize cones at end of night
- b. **PLAYER RESPONSIBILITIES**
  - i. Stay home if you are sick, not feeling well, or show any symptoms
  - ii. Wash hands thoroughly before and after games
  - iii. Wait in your car until it is time for your team to play
  - iv. Bring own individual water bottle
  - v. No group celebrations

## **5. FLAG FOOTBALL**

- a. Flag Procedures
  - i. Staff will have PPE to sanitize flags as needed
  - ii. Players can request to have their own flag for use in games (1 per person)
- b. Teams have to use opposite sidelines during games - where applicable
- c. Sanitize kicking tee after every half.
- d. Sanitize any used “communal” flags after use

## **6. BASKETBALL**

- a. Preprint rosters on scoresheets for the season - limits amount of touches for our staff
  - i. Each week highlight name of the player who is there
    - 1. Check-in will be scorekeeper asking who is there this week
  - ii. The scorekeeper can write any add ons or pickups
  - iii. This also may help with captains thinking their players are signed in - when we are actually talking about team roster not scoresheet.
- b. Sanitize “game” ball before each half & any new ball entering the game
- c. Sanitize chairs/benches after each game
- d. Designated waiting areas for teams

## **7. CORNHOLE**

- a. Only players playing in the game assigned for that time slot may be in the playing area where cornhole is played until further notice.
- b. Hand sanitizer has been installed on the end of each court for player safety.
- c. Scorekeepers will sanitize the tables and chairs between each match.
- d. Only pick up your team’s bags at the end of each round, do not handle your opponents bags

- e. Please refrain from handshakes or high fives before, during, or after the match

**8. TENNIS**

- a. Only players playing in the game assigned for that time slot may be in the playing area until further notice.
- b. Only pick up your team's bags at the end of each round, do not handle your opponents bags
- c. Please refrain from handshakes, high fives, or racquet bumps before, during, or after the match

9.

## General Player Responsibilities

While repeated from specific sport requirements, ALL players are expected to follow these guidelines:

- Take your temperature daily and especially before activities with others.
- Wash hands thoroughly before and after games.
- Bring, and use, hand sanitizer with you at every game.
- Wear mask before and immediately after all play.
- Do not touch or share anyone else's equipment, water, food or bags.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every game.
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- Adopt a Burning Man - "Leave No Trace" Policy. Teams must leave absolutely nothing at the field and in the dugouts and sidelines. Do not make staff clean up after you!
- Wait in your car until it is time for your team to play.
- Bring your own personal cooler instead of using a team cooler, along with bringing your own individual water bottle.
- Follow all CDC guidelines as well as those of your local health authorities.

## General Staff Responsibilities

All Club Sport staff is expected to follow these requirements:

- Be aware of all Club Sport COVID policies as well as specific policies and requirements for the location you are working. Educate all players on these policies.
- Take your temperature daily and especially before activities with others. DO NOT WORK if showing any symptoms and report to Club Sport office staff immediately.
- Wash hands thoroughly before and after games.
- Bring all PPE and special equipment that has been supplied by Club Sport.
- Mention all provided PPE that is available for player use to them often.
- Recommended to wear mask during shift if possible.
- Avoid unnecessary touching of any equipment or surfaces if possible.
- Practice and enforce social distancing of at least 6 feet apart.
- Wash and sanitize all equipment before and after every game.
- Enforce no group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- Remind all players to take all equipment, trash, etc with them or dispose of themselves.
- Follow all CDC guidelines as well those of your local health authorities.
- Update Club Sport office staff on any violations, suggestions, or issues related to their COVID policies.